



HINA
Humanitarian Initiative
for Native Advancement

Thailand Communities Initiative 2026

Thailand • Medical, dental and eye care
for rural communities

Mission Overview

Provide basic medical services to communities in Thailand through simple health and dental/eye checkups, health education and needed supplies.



Basic
Health Check



Dental
Care



Eye
Care



Health
Education



THAILAND MISSION (Medical & Dental/Eye Checkup)

\$3,200

Conduct a simple medical mission in a rural community in Thailand, including basic health checkups, dental checkups, eye exams and health education, with support from Dr. Arongkot.



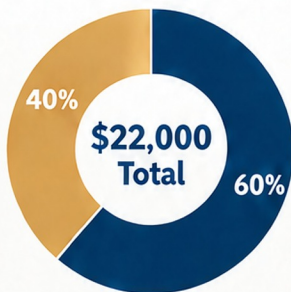
Medical supplies (basic checkup, vitamins, first aid)	\$1,000
Dental supplies (checkup, cleaning, fluoride)	\$800
Eye exam supplies (reading glasses)	\$600
Local transportation	\$300
Meals for team and volunteers	\$300
Community coordination	\$200

Total Thailand Mission \$3,200



- ✓ Basic health checkups (Dr. Arongkot)
- ✓ Dental checkups & cleaning
- ✓ Eye exams and reading glasses
- ✓ Health education
- ✓ Local transportation
- ✓ Meals
- ✓ Community engagement
- ✓ Final itemized budget pending details from Dr. Arongkot

Total Mission Budget (Thailand & Laos)



- **Humanitarian Missions (Thailand & Laos) \$13,200 (60%)**
Laos: \$10,000
Thailand: \$3,200
- **Administration & Operations \$8,800 (40%)**
Fox Hill Farm HQ, rental, utilities, office supplies, operations center rental, licensing, video and graphics.



Next Steps

- 1 Confirm Thailand travel dates with Dr. Arongkot
- 2 Finalize medical, dental and eye care details
- 3 Coordinate with local schools and community leaders
- 4 Prepare team, supplies and itinerary
- 5 Communicate and document mission



Total Thailand Mission

\$3,200